

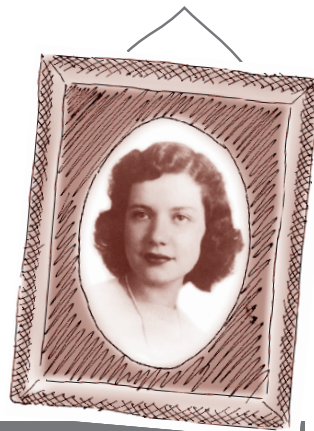
Please join us for the . . .

Seniors Count Symposium 2008

It Takes a Neighborhood

Thursday, June, 19, 2008
SERESC Conference Center
29 Commerce Drive
Bedford, NH 03110

Remember...
**SENIORS
COUNT**



PARTNERS TO CHANGE THE FACE OF AGING

Seniors Count is a community partnership committed to raising awareness, reinforcing values, leveraging resources and coordinating services that support the independence and well-being of older people.

It Takes a Neighborhood

8-10 a.m.

Seniors Count Symposium 2008 Guest Speaker

Ethan M. Berke, MD, MPH

"Livable Communities Make for More Socially Connected Older Adults"



Dr. Ethan Berke is assistant professor of community and family medicine at Dartmouth Medical School, researcher in The Dartmouth Institute for Health Policy and Clinical Practice, and a cancer prevention investigator at the Norris Cotton Cancer Center. He is the lead author of two recent studies on neighborhood and health. Build it, and they will walk...that's the message from his studies that suggest communities that make it easy for senior citizens to walk will end up with more active and socially connected residents. The findings are useful for planners and others who want to create better neighborhoods.

10:30 a.m.—12 p.m.

Seniors Count Symposium 2008 Workshop

Bernie Seifert, MSW

"Its My Aging and I'll Cry if I Want to . . ."

Addressing Depression in Older Adults"

Intended audience: Symposium attendees who work directly with seniors (case facilitators, social workers, nurses) and would like to learn more about aging and depression.

Applied for: 1.5 CEU's for Social Workers and nurses.

Bernie Seifert, Geriatric Mental Health Training Coordinator at the Northern NE Geriatric Education Center *provides an overview of depression in older adults, including key factors and statistics, symptoms to look for and why it is important to screen for and identify early signs of depression and cognitive impairment in older adults.* Outlines how symptoms of depression differ from those of dementia. Presents screening tools used to check for depression and cognitive impairment. Reviews case examples to demonstrate how screening for depression and dementia may be used to help direct individuals towards appropriate programming and effective treatment.

Registration for Symposium and Workshop

Name	Title
Organization	
Address	
Phone	Email

Yes, I'm attending the Seniors Count Symposium.

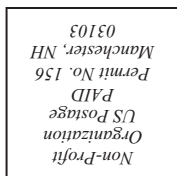
I would also like to attend the workshop.

(space is limited to Symposium attendees, first come, first serve)

Directions to SERESC Conference Center 29 Commerce Drive, Bedford, NH

From I-293 South in Manchester, take the exit for Bedford/Milford to Route 101W and Route 3. Take the Route 3 exit (South River Rd). At end of ramp, you'll be facing Macy's. Turn right (south) and travel 1.9 miles to a stop light (you will see a sign for Commerce Park West on the right, and an Irving station on the left). Turn right at the light. SERESC is the last building on the right.

RSVP: Fax to 603.622.1358, call 603.621.3536 or email tdesmarais@eastersealsnh.org
Please request if you need an ASL interpreter or large print.



Easter Seals NH
for Seniors Count
555 Auburn Street
Manchester, NH 03103



Seniors Count Symposium 2008 Brought to you by:

Seniors Count Collaborating Council

Paul Boynton, Chair, President and CEO, Moore Center Services, Inc.

Harold Acres, State President of Board, AARP, NH
Adele Baker, Past Director, Franco-American Centre
Thomas Blonski, President and CEO, NH Catholic Charities
Christy Charlesworth, Community Liaison, Seniors Count
Kelly Clark, State Director, AARP NH
Sylvio Dupuis, Community Leader
Christopher Emerson, Minister, First Congregational Church
Gail Garceau, Community Leader
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Timothy Soucy, Public Health Director, City of Manchester
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Patrick M. Tufts—President and CEO, Heritage United Way
Joan Tulk, Dir. Clinical Perf. Mgmt., Dartmouth Hitchcock Clinic
Karen Van Der Beken, Sr. VP Development & Comm., Easter Seals NH

Seniors Count Coordinating Committee

Debra S. Grabowski, RN—Co-Chair, Consultant, Cadmetrix Mgmt. Services

Joan Tulk—Co-Chair, Dir. of Clinical Performance Mgmt., Dartmouth Hitchcock Clinic
Lynn Zuccarelli Austin, Outreach Coordinator, NH Public TV
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