

New Hampshire  
**SENIORS  
COUNT**



PARTNERS TO CHANGE THE FACE OF AGING

## **Seniors Count Commits to Keeping Manchester's Seniors Warm This Winter**

Through the collaborative efforts of **Seniors Count**, a group of organizations (The Salvation Army, Southern NH Services, YWCA, ServiceLink) came together to coordinate options to help keep seniors warm this winter.

**Here are some ways seniors will find assistance this winter:**

### **Southern NH Services**

#### **Fuel/Electric Assistance, NH Weatherization Program, Fit It Program**

Southern New Hampshire Services, Inc. offers Fuel Assistance heating fuel benefits and Electric Assistance discounts to eligible households. SNHS also weatherizes income eligible homes and apartments as well as heating system cleanings, repairs and if necessary, replacements. Other small, varied programs can help households in heating or utility emergencies whether they are income eligible or not. People are urged to apply. For more information, call 647.4470 or 1.800.322.1073. Volunteers from Southern NH Services Fixit Program will complete minor weatherizing projects. Please call ServiceLink at 644.2440.

### **The Salvation Army**

#### **Electric Heater Exchange**

The Salvation Army beginning November 1, 2008 will provide a brand new quartz heater *in exchange for* your outdated, open coil, or potentially unsafe space heater. Replacement heaters will be available while supplies last for seniors and apartment dwellers (renters). Individuals must bring proof of current heating bill and have a current photo I D. Call the Salvation Army at 627.7013 for more information.

### **Emergency Heat Assistance**

The Salvation Army is offering to assist those who do not qualify for Fuel Assistance but need help paying for fuel costs, particularly seniors and the marginally employed. Only residents of Manchester, Litchfield and Bedford are eligible for this assistance. Residents must apply for Southern NH Fuel Assistance first and receive a letter of proof of ineligibility before applying to the Salvation Army at 121 Cedar St. in Manchester at 627.7013.

## Warming Centers



Many seniors will need to be more creative in lowering their energy use this winter due to rising fuel costs and limited public program support. With that in mind, a number of "Warming Centers" in Manchester are available to seniors who pay to heat their homes and apartments. Seniors can visit warming centers during the day and lower their thermostat while they are gone.

### The Salvation Army

Open To: Seniors  
Days Open: Monday - Friday 9 a.m.— 2 p.m.  
Address: 121 Cedar Street, Manchester  
Telephone: 603.627.7013  
Activities: Socialization, Games, Cards, Movies, etc. Light lunch available.

### Elliot Senior Health Services

Open To: Seniors  
Days Open: Monday - Friday 8 a.m.— 5 p.m.  
Address: 138 Webster Street, Manchester  
Telephone: 603.663.7000  
Activities: Seniors can participate in scheduled educational program activities.

### Parish of Transfiguration

Open To: Seniors  
Days Open: Monday - Thursday 10 a.m.—3 p.m.  
Address: 107 Alsace Street, Manchester  
Telephone: 603.623.4715  
Activities: Coffee, Cable TV with VCR. Bring own lunch.

**Note:** *On days when no seniors are present at the Parish of Transfiguration Warming Center by noon, the warming center will close. The Parish of Transfiguration Warming Center will be closed when Manchester schools are closed due to inclement weather.*

### YWCA

Open To: Seniors  
Days Open: Saturdays 9 a.m.—3 p.m.  
Address: 72 Concord Street, Manchester  
Telephone: 603.625.5785  
Activities: Gym, Board Games, TV, Cards etc. (No Food Available)

## Meals On Wheels Congregate Meal Sites

An option to keep warm for a few hours, have a meal and socialize. Anyone 60 years plus is welcome to participate in congregate meals. Cost: donation of \$2.00/meal, though no one is turned away for inability to pay. **Seniors must sign up for meals at a specific site in Manchester:**

- First Congregational Church on 508 Union Street, Manchester. Call 626.6016 to sign up for meals. Open Mon-Fri, meals served at 11:30 a.m.
- The Carpenter Center on 323 Franklin Street, Manchester. Call 669.1699 to sign up for meals. Open Mon-Fri, meals served at 11:30 a.m.
- The William B. Cashin Center, 151 Douglas Street, Manchester. Call 668.0254 to sign up for meals. Open Mon-Fri, meals served at 11:30 a.m.

## Warm Clothing Items & Blankets

Warm knitted items such as hats, scarves, mittens, lap robes, blankets and thermal underwear are available to seniors in need. Assistance is for seniors with limited income and lack family supports to help them cope. Contact Retired Senior Volunteer Program directly for warm clothing items at 634.1169. Contact the Salvation Army at 627-7013 for blankets.



**For more information about any of these  
or other programs,  
please call ServiceLink Resource Center at 603-644-2240.**