

# *Seniors Count* Keep Warm Forum

**Our community must prepare for this winter's expected harsh toll on seniors due to unprecedented cost of fuel, other energy and food. As people who touches seniors, the more information we have and can share, the better prepare we will be.**

*Seniors Count*, a convener of partnerships that are a catalyst for community-based outreach and action, calls you to the table *to learn about*:

- ideas seniors can put in place NOW to reduce upcoming energy consumption
- what is available for energy-related 'relief' (fuel assistance, electric company programs, etc)
- guidelines for qualifications for different programs
- other programs (e.g. food stamps) that allow one to pay for increased energy costs
- brainstorming 'out of the box' ideas to get seniors safely through the winter
- what to do when all else fails – discussion of our safety net(s)

AUDIENCE: People who work with seniors

WHAT: Panel discussion, audience brainstorming and informational booths

WHEN: Tuesday, September 23, 2008

TIME: 9am – 10:30am

WHERE: Sisters of the Holy Cross Hall  
377 Island Pond Road

Directions: Take Bridge Street to Mammoth Road; take R onto Mammoth Road south; travel 2 miles then take a left onto Island Pond Road.

RSVP: 621-3495 or [jcrouch@eastersealsnh.org](mailto:jcrouch@eastersealsnh.org)

Co-sponsored by: *Seniors Count and Southern NH Services, Inc*

